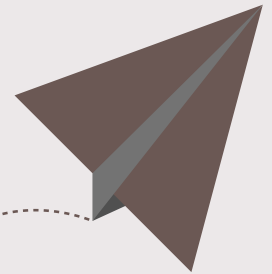




**haydenhall**

human development  
through love and service



# Annual Report

2021-2022



# About Hayden Hall

Founded by Fr. Edgar Peter Burns in 1969, Hayden Hall has strived to serve the marginalized sections of our communities in the Eastern Himalayan Hills, staying true to its Motto "**Human Development through love and service**". Believing in the overall development of the human body and mind, Hayden Hall has worked tirelessly for more than five decades, endeavouring to empower those in need, their families, and their communities. We currently intervene in the areas of **Health, Education, Child Protection, Gender, and Livelihoods**.

## Working for humanity for over FIVE decades...



# Foreword



**Father Paul  
D'Souza SJ  
Director  
Hayden Hall**

This year has witnessed the second wave of the COVID-19 pandemic, which has severely impacted the lives of poor families living in the hills of North Bengal. Many families had lost their means of livelihood and children grappled with uncertainty of ever returning to schools and being reunited with their peers. Food insecurity, coupled with sickness and inaccessible medical aid, plagued rural families and pushed them to the brink of poverty and marginalization.

COVID protocols issued by the GoI, restricted the provision of institutional services to women and children attending Hayden Hall. However, during this period of flux our team members worked tirelessly in the bastis to reach out through distribution of rations and medical equipment. Our local CDW's, acted as true COVID worriers, even accompanying sick beneficiaries to government hospitals, despite the mounting "fear" of contracting the deadly Delta variant. Awareness and training programs were conducted through virtual platforms and a helpline set up (in collaboration with Azim Premji Foundation) to extend Mental Health assistance and council families on coping with stress during these challenging times.

Our team is grateful for all the contributions that all our donors and well-wishers, who continue to hold our hands in times of crisis and abundance. We wish to carry on with this relationship towards a shared vision of having a healthy, well-informed, self-reliant and self-transforming community.

Together, in the spirit of love and hope, we shall overcome these challenging times. The pandemic is not here to stay, but the lessons are – together we have braved this unprecedented storm, lived through loss and irreparable damage, and are working towards building ourselves back. And the only way we can build back, is through love. Because nothing can beat the power of love, because love is as powerful and as true, and as forever, as death is.

***"Place me like a seal over your heart, like a seal on your arm; for love is as strong as death, its jealousy unyielding as the grave. It burns like blazing fire, like a mighty flame." Song of Solomon 8:6***

Since its inception in 1969, Hayden Hall Institute focuses on

**Mother and Child  
Healthcare**

**Education and  
Vocational Guidance**

**Gender  
Mainstreaming in  
Livelihood**

**Child Protection**

The gamut of activities and initiatives fall under the umbrella of **The Integrated Community Development Intervention.**

The organisation works with marginalised communities from remote hilly villages and tea gardens across Darjeeling, Kalimpong, and Jalpaiguri districts

**Impacting**

**Over 4000  
beneficiaries**

**Through**

**48 After School Study  
Centres  
20 Community  
Development Centres**

**With the help of**

**63 community  
development workers  
63 teachers**

## **Vision**

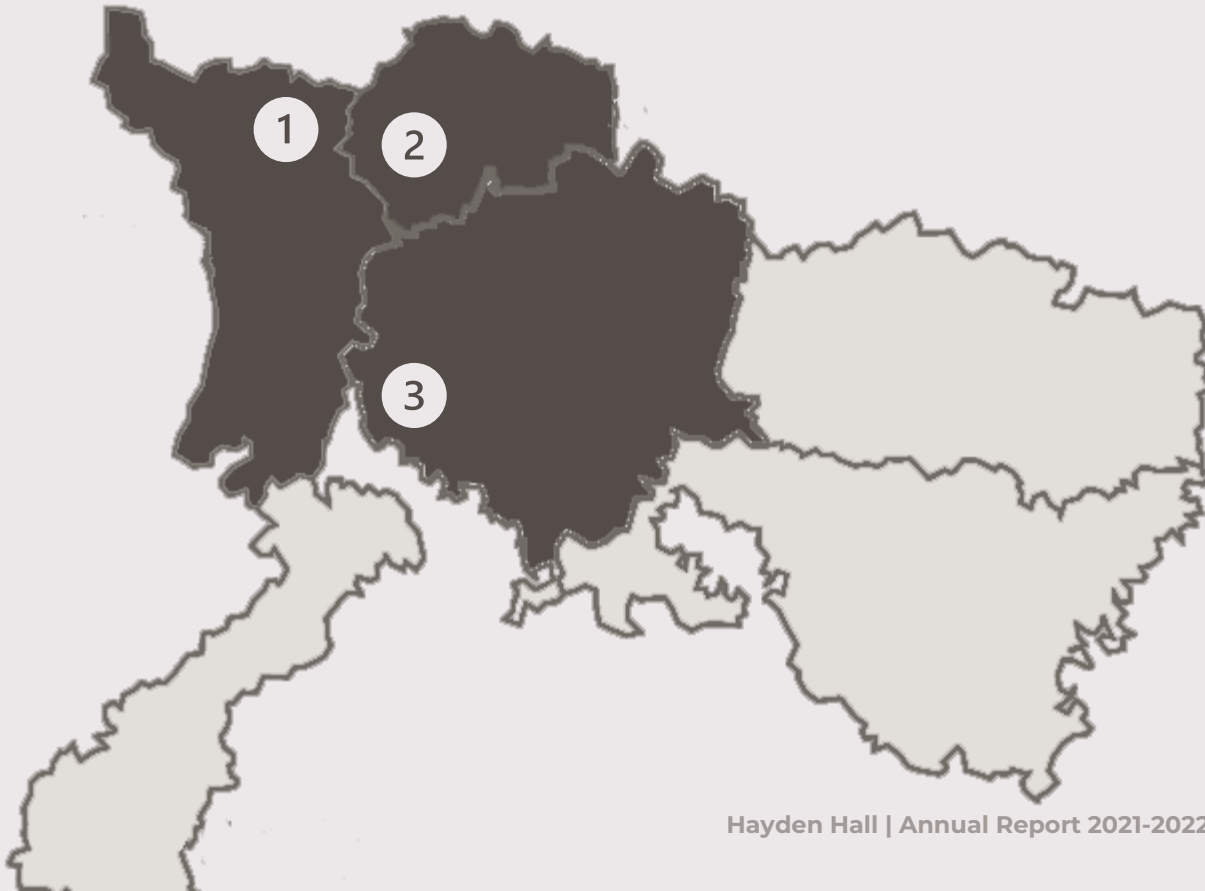
A healthy and well informed, self-reliant and self-transforming community.

## **Mission**

- Responding to the needs of high risk and vulnerable sections of the society.
- Access to quality community and individual healthcare and nutrition.
- Opportunity for children to gain access to and complete school through supplementary and educational service.
- Culture of entrepreneurship and sustainability of livelihood



# Hayden Hall Intervention Areas



- 1 Darjeeling**
- 2 Kalimpong**
- 3 Jalpaiguri**

# Mother and Child Healthcare

Hayden Hall follows the lifecycle-based approach through cost-effective initiatives with a special focus on prevention and early intervention in four critical stages of life: pregnancy, early childhood, adolescence and old age. During the first stage, they accompany women from migrant communities and tea gardens from pregnancy until their child is five years old.

Mother and Child Healthcare has expanded into the villages and across the district of Kalimpong, with paramedics termed as Community Development Workers, helping women follow good health and nutrition practices during and after pregnancy and ensuring delivery in the District Hospitals and completion of immunization of the child as well as addressing issues like alcoholism, domestic violence, abuse among others, as women leaders in the communities.

## Maternal and Newborn Health Program

The aim is to make pregnancy safer, improving access to and condition of health and care of mothers and infants through a holistic multidisciplinary approach. Services include early identification of pregnant and lactating mothers, identification and management of obstetric complications and referral for institutional delivery to government facilities. Anti Natal Care (ANC) is followed by Post Natal Care (PNC) services, including regular home visits to monitor the health of both the mother and the child, while providing counseling on nutrition.

## Child and Adolescent Health Program

Continuum of Care is the approach adopted by Hayden Hall to effectively improve child survival rates. Services are made available at home through a cadre of trained Community Development Workers (CDWs). Children are also often referred to government health facilities at various levels (primary, first referral units, tertiary health care facilities). Regular weighing at ICDS centers, complete immunization schedules, deworming, counseling on appropriate feeding, care and hygiene and demonstrating the preparation of energy-dense food using locally available food items are some of the ways in which child and adolescent health program intervenes.





## Adolescent Health Program

The local CDWs conduct issue-based meetings on Menstrual Health and Hygiene as a part of the Adolescent Health Education intervention. These meetings help bust various myths and misconceptions affecting adolescents' health. During the pandemic, counselling sessions on social-emotional needs of young girls were prioritized. They were provided with sanitary napkins to help ease access during the lockdown.

## Monthly Trainings for Community Development Workers

To build the capacity of the Community Development Workers, monthly trainings were conducted on various topics like Deworming, Women's Health and Complications, Environment and My Responsibility, Women Empowerment and Tuberculosis, Healthy Lifestyle - My Responsibility, Effects of Substance Abuse, Importance of Breastfeeding, Importance of Proper Nutrition for Healthy Life, Elderly Care and the importance of Positive Thinking, Diabetes Mellitus, Care of New-Born Baby, Health, Hygiene and Good Food habits, and Ovarian and Uterine Cancer.

## Focus on COVID-19 Preparedness

COVID-19 awareness sessions were carried out in 13 villages with 326 participants in May, June and July. The objective was to create COVID Warriors in times of the pandemic to help support the communities while they were being ostracised and side-lined. Trainings were conducted on topics relevant to the times such as, awareness of COVID-19, Importance of mental and physical well-being, healthy lifestyle and the importance of the using social media to advantage by Hayden Hall staff and guest trainers.



## COVID-19 Medical Support in partnership with APPI

### For the Communities

**110**

villages received medical support

**13**

capacity building programs

**306**

community volunteers trained

**10156**

people received individual health care, medicines for Blood Pressure, Common Cold, Gastric, Tuberculosis, Diabetes and more

### For the Mothers

**2272**

mothers received sanitary products, child health products and awareness on physical and emotional health

**68**

breast feeding practice awareness programs conducted

**75**

mothers supported with nutritional food supplements directly

### For Mental and Emotional Health

**40,000**

people reached through a Wellbeing campaign

**3260**

on-call counselling sessions for COVID, Substance abuse, Education and Mental Health conducted

### For Awareness

**17,0000**

people reached through Radio over 15+ live sessions conducted by 10 individuals over 2 months

**126**

community based meetings on prevention, process and eradication of COVID in the community conducted

**750+**

people vaccinated



# Bringing happiness and health to Sukhi

Often proper healthcare does not reach the hilly areas, and neither does the awareness of how important it is to take care of one's health. This is especially true for young mothers who are not aware of the amount of care they should take during pregnancy in order to stay healthy and give birth to a healthy child. That only a healthy mother can give birth to a healthy child often goes unnoticed.

It was the same with Sukhi Thami, a resident of Merry Villa, Darjeeling. This 22-year-old young mother wasn't blessed with the best of facilities and care to be able to bear a healthy child.

In 2020, while she was seven months pregnant, she migrated from Nepal to the Darjeeling Hills in search of a job for her husband. Her husband now works as a porter, delivering LPG cylinders to people's houses. During this seventh month itself, Sukhi suffered from immense pain and was hospitalized, where she unfortunately delivered a stillborn post an emergency surgery. Needless to say, the young couple were heartbroken.

It was then that the Hayden Hall CDW connected with her, helping her to cope with the tragedy emotionally as well as supporting her in the recovery process. Sukhi was enrolled into the Mother and Child Healthcare Program at Hayden Hall Darjeeling.

In a few month of continuous emotional care and healthcare support, Sukhi conceived again. During this journey of pregnancy, she was well cared for. She received ration support, regular health check ups and emotional check ins. In 2021 she delivered a healthy baby girl. The overjoyed mother was grateful and vowed to keep healthcare as a priority for her child and herself as well.

Today, Sukhi gets a monthly ration and also takes regular health check ups for herself and her little daughter. Sukhi is one of the hundreds such mothers in the nooks and corners of Darjeeling, Kalimpong, and Jalpaiguri who have been through the healthcare support from Hayden Hall and are now proud mothers of healthy children.



**221**

**ANC mothers reached**

**159**

**PNC mother reached**

**1753**

**children under 5 years  
reached with services**

**453**

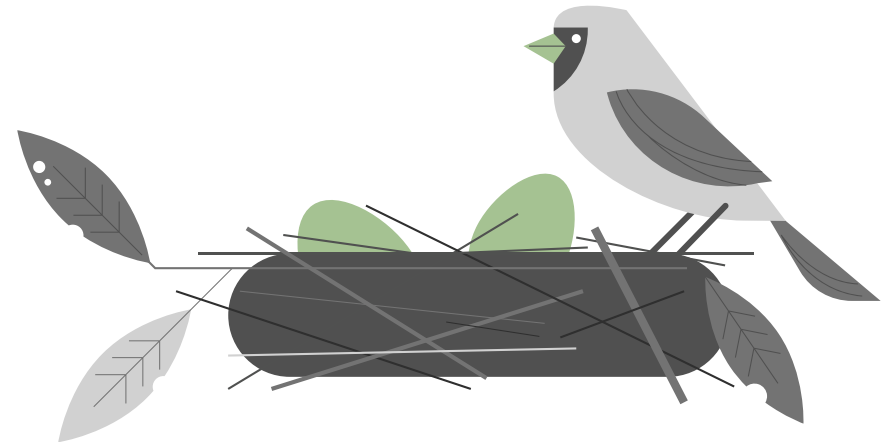
**children completely  
immunized and on the  
road to health**

**767**

**adolescent girls reached  
through meetings and  
3100 sanitary napkins  
distributed**

**63**

**CDWs engaged**





# Burns Club

The Burns Club was initiated by Father Edgar Burns. He wanted to reach out to old and abandoned senior citizens who had little or no access to family-support. They would visit Hayden Hall every Saturday and be provided with a healthy and wholesome meal. They would also be given a token stipend that they could spend on anything they wanted to, it could be food or entertainment or anything that would make them happy.

Continuing with the tradition, they are provided with rations, monitored regularly through home visits and accompanied and referred for appropriate health problems and comorbidity in Government facilities.

In 2021, Hayden Hall celebrated 'Elderly Day' where the MCH along with the Geriatric Department and the members of the Burns Club were given an overall health check-up along with gifts and food.



# 680

**senior citizens reached through services - rations, medicals etc**

We have learnt about community mapping techniques, conducted SWOT analysis, discussed leadership qualities, made aware about drug abuse and positive parenting. As a Community Development Worker, I realised that I work as the bridge between the community and the organisation.

Through the various training sessions, I was also made aware of child rights and gender. My role in supporting the children in my community as an individual also became clear to me.

Community mapping and SWOT analysis would help me work on interventions along with the community for their holistic development. I have also realised how important it is to have a positive and development oriented mindset towards the work I do. Not only does it help me, but eventually also influences the community to move in the right direction.

Community Development Work will help our community develop. It helps us understand the issues and challenges faced by the community so we can solve them together. And creating linkages with the government and working in collaboration with them is an important way of creating sustainable solutions.



**Menuka Thapa**  
**Community Development Worker**  
**Darjeeling**



# Education & Vocational Guidance

Hayden Hall provides supplementary education services to children from marginalized population in the urban and rural areas of Darjeeling, Kalimpong, and Jalpaiguri districts. These services include Crèche (infants), STRIVE (toddlers) and After School Study (children from government schools and low budget private schools) reaching over 1300 children daily. The projects are not only aimed at making access to education easier for the children, but also has an impact on the extended community.

Crèche and STRIVE work with children whose parents are usually migrants and work in the unorganized sector in Darjeeling town. The program extends care for children during their mothers' working hours. They spend time with our staff and voluntary mothers. The focus is on delivering Early Childhood Care Education as well as high nutrition meals during the day. They also avail of our healthcare services.

## Crèche (for 12 to 26 month old children)

This is an infant health and education program. Most mothers of children we work with have gone through our Ante Natal Program and are part of our Post Natal Program.

## Strive (26 to 48 month old children)

The Skill Think Resolve Imagine Value Excite (STRIVE) Program is a toddler health and education program. Most mothers of the toddlers we work with have gone through our Ante Natal and Post Natal Programs.

## After School Study (5 to 18 year old children)

This is a supplementary child and adolescent health and education program. The parents of the children are from low-income communities in rural areas, tea garden workers as well as migrants who work in the unorganized sector in towns. Our staff and volunteers help the children at our centers with their homework. Teaching and learning materials are used to engage them, the aim being to retain them in school. They are linked to government schemes and scholarships to help the complete their education. Special focus is on retaining girl children in schools.

# My Local Library

**My Local Library** is a comprehensive library project across **48 Hayden Hall after school study centres** in rural Kalimpong, Darjeeling districts and Jalpaiguri tea estates, directly reaching **1300 children** in the **age groups of five to eighteen**, while also serving as a public library. Most of these children are first generation school-goers. The project provides access to curated age-appropriate books and related learning activities around literacy, numeracy and communication in English and the local language. It also includes literature based on local themes.

While India's national efforts geared towards improving access to schooling has filled up classrooms, but much needs to be done about raising the quality of education, especially in rural areas. School and Public Libraries have long existed to provide this access to information and learning. Research suggests that libraries play a crucial role in not only the academic development of children but also have long lasting benefits for the communities they serve. Community Libraries serve as peoples' universities with self education and life-long learning is a feature, further enhancing the benefits of a formal education. My Local Library aims to play this role for the children and the communities in the Hayden Hall intervention areas.

That there is a need to improve the library facilities by providing quality and quantity reading materials related to, and outside of the school curriculum, besides introducing computer and internet facilities for students, is an understatement. Primary research by Hayden Hall shows that in 24% of villages in our intervention areas there is one dropout student in every five household before Class 10. Among our centers, 90% of the students attend government schools or low budget primary schools which do not have libraries. Feedback from our teachers indicates that students do not like to read because they do not understand it. My Local Library aims to build the interest in gaining knowledge, thereby motivating more students to complete their education.

In 2021-22, Hayden Hall received 2031 Books in English, Nepali and Hindi from Pratham Books. The amount raised for the project by the organization would amount to another 2517 books, thus taking the total number of books available in the Hayden Halls libraries close to 5000. And this is just the beginning.



705

children enrolled and retained in Resource Centers / Study Centers

38

children trained on life skills

1300

children received academic help

63

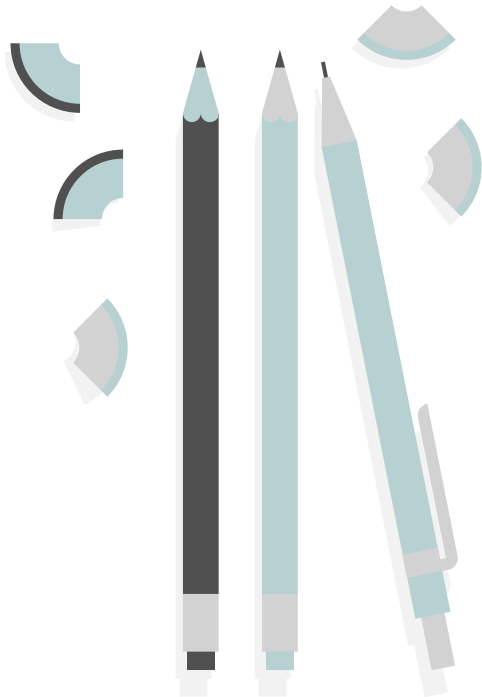
teachers engaged across the three districts

300

children received after school tuition

48

after school educational centres being run



It was a great opportunity for us to have a two-day session at Kalabari. The teachers who trained us were amazing, confident, and great communicators. They used TLM to explain the content, and that helped. We learnt a lot of things, especially how to be patient and the importance of having a positive mindset. I am very thankful to them for such an opportunity. We would like to have more sessions in future.

**Nandini Singha**  
**Teacher**  
**Siliguri Center**

Learning in life never ends. The session was for only two days, which felt like a very short time. The trainers taught us about mental well-being, teaching skills, behaviour change, SWOT analysis, and many more things. I learnt how to improve my study centre and make it a centre where children grow as they learn.

**Lucian Kullu**  
**Teacher**  
**Siliguri Cente**



The training session helped us understand the dynamics of the teachers, challenged the team to have conversations on issues of mental health with the teachers in Hindi, and gave us the opportunity to listen to the teachers' lived experiences and their challenges. This platform helped us reflect on our existing content and think of different ways to present the issues of child mental health. Conversations with a number of teachers, who were of different ages, had different levels of experiences and from various communities, created a space for us to learn and have a better understanding of ourselves and the others.

**Priscilla Giri**  
**DLR Prerna**

# Gender Mainstreaming in Livelihood

The goal is to empower women through sustainable livelihood and economic stability by providing livelihood opportunities and reducing poverty through generation of employment opportunities among women. The aim is to work towards a society in which women and men enjoy the same opportunities, rights and obligations in all spheres of life.

The focus is on women who work from home as well as further diversifies into training, making products, and setting up online channels, apart from becoming a centre for the National Jute Board. It includes Backstrap weaving, carpet making, tailoring and training in pickle making, candle making, bamboo crafts, composting, mushroom cultivation and bio-enzymes.

The Livelihood domain has 23 artisans working in the Hayden Hall headquarters and 11 knitters who bring their finished products to the outlet for sale. We have tried to not only provide business offers, but also personal and professional development in their daily lives.

## Highlights of the Year

- ✦ The artisans have been receiving Digital Literacy Sessions by Srujna's DL Team. The team also participated in the Awareness program conducted by Sister Chunku Sherpa on "healthy lifestyle" during the month of September.
- ✦ The National Jute Board Collaborated with Hayden Hall \_Livelihoods to conduct a training on Woolenisation of Jute, which was conducted successfully. The team was trained and was successful in making jute yarn and products.
- ✦ The domain received many orders to keep them busy and running. The forest department of Kalimpong ordered 100 Jute Bags to be given for their SABUJSREE Project.



## CDW Support in creating Gender Sensitive Communities

Community Development Workers work on gender discrimination issues since the rate of domestic violence and the inequality is high in the intervention area. They conduct awareness programs on the concept of gender, equality, sexual abuse, and inclusiveness. Hayden Hall also connects the women on the ground to SHGs with the help of CDWs. This makes the women financially independent, thus strengthening their voice and decision-making power in the family.

## Capacity Building

In November, 56 teachers participated in the Teacher's Training conducted in collaboration with DLR Prerna. The objective of this training was to upskill the teachers and to understand mental wellbeing of children better. This training took place in all three districts of Darjeeling, Kalimpong and Jalpaiguri (Kelabri).

## Geriatric Course

In collaboration with Planet Hope Netherlands and ROC Mondriaan, Hayden Hall conducted a Geriatric caregiving course in June 2021 with 13 students from underprivileged backgrounds. These students were interested in nursing but either lacked support or the finances to pursue it. They were given a chance to study with the best of teachers both from Darjeeling and Netherlands (Online). Sister Chunku, the project coordinator, Nurse Tutors Ananta Sharma and Cecelia, Petra and Marjolein from the ROC Mondriaan Team, supported by Computer and English tutors Maniram Subba and Prasanna Almah Rai trained the students for a year. They are currently in Bangalore undergoing their internship at Ashley Homecare and will be placed accordingly after their internship period of 3 months.



## Collaboration with the National Jute Board

The National Jute Board collaborated with Hayden Hall for the Woolenisation of Jute and conducted a training for 49 days from 29<sup>th</sup> November 2021. 18 women were trained in the first phase (29-11-2021 to 3-12-2021) to create The Woolenisation of Jute. In the second phase (4-11-2021 to 17-01-2022). Mamta and Bimla, the selected Master Trainers trained the new teams and supervised the process.



# Becoming Master Trainers

Bimla and Mamta are two artisans at Hayden Hall, working since 2017 and 1999 respectively in the backstrap and tailoring section.



Bimla joined the tailoring classes in Hayden Hall in 2017. She also participated in The Jute Training that took place in 2017. Spotting her capabilities, the organisation hired her as a tailor for bags and jute products. She had studied till the ninth standard and was unemployed before this stint. It has been 5 years since she has joined Hayden Hall. “Hayden Hall has made me a self-dependent woman today, contributing a lot towards my growth as a human being,” she proudly states.

Mamta is enthusiastic, smart and sharp. She is a weaver, and an expert in backstrap weaving and carpet making. She joined Hayden Hall in 1999 as a carpet maker. After a few years of working, she left to take care of her then small children and re-joined in 2015. She inspires young mothers around her to become economically independent as she believes that working for herself and empowering herself and others has given her a purpose in life. It has made her realise her own importance and the beauty of being a woman.

In November, The National Jute Board of India collaborated with Hayden Hall for the Woolenisation of Jute training for 45 days, and these two extraordinary women were chosen as master trainers in the first phase of the training owing to their brilliance. From the jute wool, these women are able to make bags, carpets, and jholas which are not just beautiful and useful, but also environment-friendly and sustainable in nature.

The two master trainers now supervise the process of Woolenisation of Jute and train fellow teammates. They are also getting ready to train other groups of women in the Kalimpong center.

**290**

**SHGs formed and registered**

**2296**

**members**

**218**

**SGHs accessing government loans**

**905**

**women trained on gender empowerment**

**118**

**women accessing government schemes (DBT), Livelihoods**



# Child Protection

Child Protection is integral to Hayden Hall's intervention with children and adolescents in Darjeeling, Kalimpong, and the tea gardens. Given the vulnerability of dropout children to become engaged in child labour, or become victims of child trafficking, Hayden Hall focuses on strengthening village and community level safety nets. This is done by encouraging participation of children, parents, and stakeholders, through regular dialogue and discussions to address problems of child exploitation including child abuse, trafficking, child labour etc. The initiative was built on the existing Government system by collaborating with existing VLCPCs who in turn reach out to the Children in Need of Care and Protection (CNCP). Spreading awareness on child rights and creating linkages with various government schemes were prioritized during this year.

## Highlights of the Year

- ♥ Liaoning and collaborating with 9 VLCPCs across blocks 1 and 2 of Kalimpong district
- ♥ Children's groups created in the intervention area

## Support provided by CDWs to children

CDWs work with Hayden Hall to keep children safe and protected through the following activities:

- ♥ With children in the 0-6 years age group, it is ensured that they have proper birth certificates, receive immunization and their parents receive lessons on proper childcare
- ♥ With children in the 7-10 years age group, it is ensured that they are taught about healthy lifestyle, safe and unsafe touch. They are also introduced to their rights
- ♥ With children in the 11-18 years age group, it is ensured that they know the rights children are entitled to, and are also made aware of their duties towards fellow children to ensure a safe and child-friendly environment

**520**

**children aware/ trained  
on their rights**

**33**

**children's groups formed**

**233**

**children members of  
VLCPC**

**427**

**youth engaged**

**498**

**families trained and aware on  
Child Rights**

**118**

**stakeholders trained and  
aware on Child Rights**



# Team Hayden Hall



**Fr Paul D'Souza SJ**  
Director



**Sister Chunku Sherpa**  
HOD Health



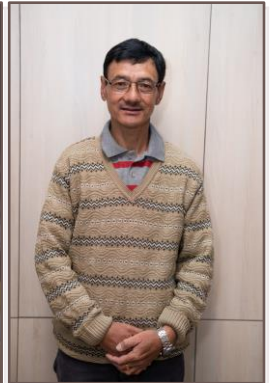
**Sujata Lepcha**  
HOD - Education



**Jamuni Gurung**  
HOD - Livelihoods



**Binita Mothey**  
HOD - Mother and  
Child Healthcare  
Kalimpong



**Cassian Dukpa**  
Administrator



**Prasanna Almah Rai**  
Communications  
Lead



**Virgil Sequeira**  
Fundraising Lead



**Dipika Adhikari**  
Finance and  
Accounts



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## Facebook

<https://www.facebook.com/haydenhalldarjeeling/>

## Instagram

[https://www.instagram.com/hayden\\_hall\\_darjeeling](https://www.instagram.com/hayden_hall_darjeeling)

Livelihood:

<https://www.instagram.com/livelihoodhaydenhall>

## Bank Details :

### Indian Funds

Account Name: The Hayden Hall Trust  
Account Number: 635401008760  
Bank: ICICI Bank, Branch Darjeeling  
Branch Address: 49, Laden La Road, Darjeeling,  
West Bengal 734101  
IFSC Code: ICIC0006354

### Foreign Funds

Account Holder: Hayden Hall Institute  
Account Number: 40102527998  
Name of the Bank: State Bank of India  
Branch Address: 11 Sansad Marg, New Delhi 110001  
Branch Code: 007687  
IFSC Code: SBIN0000691  
MICR Code: 110002011  
Swift Code: SBININBB104  
Email: fcra.00691@sbi.co.in

# Our Gratitude:

## **Institutional Donors**

Azim Premji Foundation  
Irish Committee of the Dr. Graham's Homes, Kalimpong  
Srujna Charitable Trust  
Pratham Books  
Inner Wheel Club  
Canadian Jesuit International (CJI)

## **Partners**

National Jute Board  
Planet Hope Netherlands & ROC Mondriaan  
Canadian Jesuits International  
Himalayan Institute of Goodwill & Living Ethics, Kalimpong  
Gandhi Ashram School, Kalimpong  
DLR Prerna  
Radio Salesian 90.8 FM

## **For the Support**

Darjeeling District Hospital  
Revised National Tuberculosis Control Program  
District Child Protection Unit  
Darjeeling Municipality  
Kalimpong Block Office



